

# ON-CALL PROJECT NEWSLETTER 2

## WELCOME TO THE SECOND NEWSLETTER OF THE 'ON- CALL – LAY COMMUNITY HEALTH ADVISORS' PROJECT!

We will tell you more about:

- the progress of the Project
- the second Partner Meeting
- the Intellectual Outputs
- the plans for the future

### WHAT HAS BEEN DONE?

The first output in the ON-CALL Project is 'Lay Family Health Advisors'. It is aimed at individuals who will be trained as community development workers, experienced in health promotion and development of health literacy. The partnership created a draft **framework of train-the-trainer curriculum** to develop the necessary skills and competences in individuals who will be trained to work as Lay Family Health Advisors in local communities.

The second output is the 'Induction Training Programme'. It aims to prepare adult educators for delivery of IO1 curriculum. Partners developed a draft **framework of the Induction Training Programme** addressing necessary sets of skills and competences of educators.



### HEALTH LITERACY

Health literacy can be broadly understood as **the capacity** of individuals to search, process, understand and apply the information essential to make informed and deliberate decisions concerning their health.

Patients with higher level of health literacy tend to change their approach towards health-care from expecting to 'be treated while sick' to trying to 'achieve their best health'. **Shaping individuals' health literacy is being recognised as one of the basic challenges of public health-care systems in Europe in the 21<sup>st</sup> century.**



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# THE SECOND TRANSNATIONAL PARTNER MEETING

## MEETING IN RZESZÓW, POLAND



The second Transnational Partner Meeting in the ON-CALL Project took place on 14<sup>th</sup> - 15<sup>th</sup> of February 2019 in Rzeszów, Poland.

The short review of the project was followed by an extensive discussion on the shape of Project's Intellectual Outputs. Firstly, partners presented and discussed the value proposition and key learning outcomes of IO1. Then, the partnership analysed and reviewed the IO2 Induction Training Programme for adult educators. Next, partners presented a draft framework for development of 36 health literacy tools comprising IO3 of the project. Partners agreed as well the functionality of the e-learning platform.

The next Transnational Partner Meeting is scheduled to be held on 10<sup>th</sup> – 11<sup>th</sup> of September 2019 in Rijeka, Croatia.

## LAY COMMUNITY HEALTH ADVISORS

The ON-CALL Project aims to form teams of properly trained and resourced Lay Family Health Advisors in all countries of the consortium. Lay Health Advisors are trained peers or community members who are deployed within various settings of their community and focus on delivering health education and support in order to promote and improve health literacy rates. ON-CALL plans to support Lay Family Health Advisors in establishing micro-networks of local families to support them to build key health literacy skills.



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# INTELLECTUAL OUTPUTS IN ON-CALL

## IO1: LAY FAMILY HEALTH ADVISORS

A bespoke train-the-trainer curriculum to support local people develop necessary skills and competences to work as Lay Family Health Advisors. The curriculum will be related to four areas: 1) Health Literacy, 2) Pedagogic of working as a health literacy tutor, 3) Developing networks – serving as an intermediary and 4) Information sharing through digital tools and online environments.

## IO2: INDUCTION TRAINING PROGRAMME

A training programme addressed to adult educators, aiming to support the delivery of the 'Lay Family Health Advisors' curriculum. Designed to ensure that a quality outcome is achieved while tutors first deliver the curriculum.

## WHERE YOU CAN FIND US?



<http://oncall.eu>



[http://www.facebook.com/  
OnCallProject/](http://www.facebook.com/OnCallProject/)



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## IO3: DIGITAL TOOLKIT OF HEALTH LITERACY RESOURCES

The toolkit will comprise of 36 media-reach mini-learning format resources addressing three areas: 1) Promoting positive mental health, 2) Diet, nutrition and developing healthy eating habits, and 3) Preventative measures for healthy living.

## IO4: ONLINE LEARNING PORTAL

The e-learning environment providing instant access to full suite of learning resources developed in ON-CALL. The portal will be integrated with social media profiles and YouTube channel of the project.

## COMING NEXT...

During the next months we are planning to:

- Continue our work on 'Lay Family Health Advisors Curriculum' and Induction Training Programme
- Develop Media-Reach Mini-Learning Format Health Literacy Resources

